



FAITH-BASED ORGANIZATIONS SECTOR TELEBRIEFING

County of San Diego
Last Updated: 10/5/2021



WHEN IS THE NEXT TELEBRIEFING?



Faith-Based Telebriefings: 1st Wednesdays of the Month

Next telebriefing: November 3, 2021 | 1pm-2pm

November 2021						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3 FBO Tele	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

Agenda:

- Welcome & Announcements
- Reopening Updates
- Medical Updates
- FBO Sector Assessment
- Q&A
- Check Your Mood Announcement
- Closing

Our Speakers:



ELIZABETH BUSTOS

Community Development Liaison
Community and Faith-Based
Organization Sector Lead



GARY JOHNSTON

Chief Resilience Officer, County
COVID-19 Response Incident
Commander, COVID-19
Reopening Lead



JENNIFER M. TUTEUR, MD

County of San Diego
Deputy Chief Medical Officer



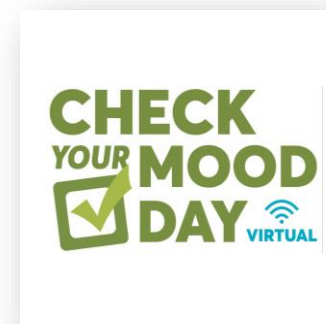
SHARON HUGHES

Administrative Analyst III
Live Well San Diego
Support Team



ALLISON HIRAHARA

Community Health Promotion
Specialist - *Live Well San Diego*
Support Team



JAYNE REINHARDT

Community Health Promotion
Specialist - Community
Health & Enrichment Team

Welcome to the Faith-Based Organizations Telebriefing



A few reminders before we begin:



This telebriefing is being recorded.



Your lines are muted.



Please enter your questions in the Q&A Box and your comments in the chat box.



You can email us at:
COVID-CBO-FAITH@sdcounty.ca.gov



ANNOUNCEMENTS



FAITH-BASED MENTAL HEALTH ACADEMY



LIVE WELL
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COMMUNITY EDUCATION
PRESENTATION
(CEP)



ANXIETY IN CHILDREN



FREE PRESENTATION
ON ZOOM

- What is ANXIETY?
- What kinds of anxiety disorders can children experience?
- How is anxiety treated?

Anxiety in Children Webinar

- October 28, 7:00 PM
- Learn about what anxiety is, symptoms of anxiety in children, and how anxiety is treated
- [Register here](#)

Faith-Based Mental Health Academy Training



INVITATION FOR FAITH LEADERS
NORTH SAN DIEGO COUNTY



Mental Health Academy Training

- November 1 – 12, 6:30 PM – 8:00 PM
- Topics include suicide prevention and postvention, substance abuse, reducing stigma, depression and faith, assisting families in finding strength and hope, and more
- [Register here](#) by Friday October 29

SAVE THE DATES!



LIVE WELL
SAN DIEGO



SAVE THE DATES! November 17-18, 2021

Virtual Live Well Advance Conference

Recover, Renew and Reconnect with
virtual Breakout Sessions that include:

- Economic Recovery
- Environmental Action
- Equity and Social Justice
- Workplace Wellness
- Partner Collaboration
- Public Health

Registration available
in mid-October

livewellsd.org/advance

Special Thanks To Our Sponsors





**The Tubman Chavez Community Center has closed!
Testing is now available at the following no-appointment sites:**

Bayview Baptist Church 6134 Pastor Timothy J Winters St, San Diego, CA 92114	Sunday and Monday 9 am – 3:30 pm
Encanto Southern Baptist Church 6020 Akins Ave, San Diego, CA 92114	Monday – Friday 10:30 am – 5:30 pm
City of Hope International Church 4999 Holly Dr, San Diego, CA 92113	Tuesday – Saturday 10 am – 5:30 pm



REOPENING UPDATES

GARY JOHNSTON
CHIEF RESILIENCE OFFICER
COUNTY COVID-19 RESPONSE INCIDENT COMMANDER
COVID-19 REOPENING LEAD



COVID-19 VACCINE REQUIREMENT FOR SCHOOLS



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California Becomes First State in Nation to Announce COVID-19 Vaccine Requirements for Schools



- On October 1, Governor Gavin Newsom announced that the COVID-19 vaccine will be required for in-person school attendance—just like vaccines for measles, mumps, rubella, and more.
- The requirement will take effect at the start of the term following full FDA approval for that grade span (grades 7-12 and, then grades K-6).
- California will grant exemptions for medical reasons, as well as religious and personal beliefs.
- Unvaccinated students without exemptions will have the option to enroll in a fully online school, attend independent-study programs offered by school districts, or be homeschooled.



MEDICAL UPDATES

*JENNIFER M. TUTEUR, MD, FAAFP
DEPUTY CHIEF MEDICAL OFFICER
MEDICAL CARE SERVICES DIVISION
COUNTY OF SAN DIEGO HEALTH & HUMAN SERVICES AGENCY*



COVID-19 Vaccine Boosters



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On September 22, the FDA granted an emergency use authorization for a booster dose of the Pfizer mRNA COVID vaccine for those 65 and older and those at high risk for severe illness from the coronavirus.

The following groups ***should*** get a third dose of the Pfizer vaccine:

- People aged 65 years and older
- People aged 18 years and older in long-term care settings
- People aged 50 - 64 years with underlying medical conditions

The following groups ***may*** receive a booster shot of the Pfizer vaccine, based on their individual benefits and risks:

- People aged 18 - 49 years with [underlying medical conditions](#)
- People aged 18 - 64 years at increased risk for COVID-19 exposure and transmission because of occupational or institutional setting

The booster is available for these groups **6 months after their 2nd dose**.

COVID-19 Vaccine Boosters: FAQs



Can people who got the Moderna or J&J vaccines get a booster shot?

- At this time, the booster authorization only applies to people who got the Pfizer-BioNTech vaccine. More data on the effectiveness and safety of Moderna and J&J/Janssen booster shots are expected soon.

Am I still considered “fully vaccinated” if I don’t get a booster shot?

- Yes. Everyone is still considered fully vaccinated two weeks after their 2nd dose in a 2-shot series, or two weeks after a single-dose vaccine.

If we need a booster shot, does that mean that the vaccines aren’t working?

- No. COVID-19 vaccines are working well to prevent severe illness, hospitalization, and death, even against the Delta variant. However, public health experts are starting to see reduced protection, especially among certain populations, against mild and moderate disease.


What about people who have had breakthrough or postvaccination infections?

- There isn't guidance about boosters for this population yet. If you've had a breakthrough/postvaccination infection, you should consult with your physician.



GET YOUR FLU SHOT!



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Can I get my COVID-19 booster and flu shot at the same time?

-  **YES.** If it's time for your COVID-19 booster dose, get your flu shot the same day!
-  *Not eligible for a COVID-19 booster yet? Be sure to protect yourself from the flu by scheduling your flu shot today.*

As of 9/23/2021

The flu shot is recommended for everyone aged 6 months and older. Visit the County website for a list of [Flu Vaccine Locations](#).

COVID-19 VACCINES & PREGNANCY



CDC Health Advisory: COVID-19 Vaccination for Pregnant People

The CDC strongly recommends COVID-19 vaccination for people who are pregnant, recently pregnant, breastfeeding, trying to become pregnant now, or might become pregnant in the future.

- Approximately 97% of pregnant people hospitalized with COVID-19 were unvaccinated.
- In addition to the risks of severe illness and death from COVID-19, there is also an increased risk for adverse pregnancy and neonatal outcomes.
- The benefits of vaccination outweigh known or potential risks for pregnant people.



COVID-19 Vaccines While Pregnant or Breastfeeding

VACCINATION IN SAN DIEGO COUNTY



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County of San Diego COVID-19 Vaccination Dashboard

Eligible Population: 2,802,581 San Diegans

San Diego County Residents Vaccinated with At Least One Dose

2,470,817

88.2% 

San Diego County Residents Fully Vaccinated *

2,207,194

78.8% 

San Diego couple die of COVID and leave behind 5 kids, including newborn daughter

- 37 year-old nurse contracted COVID at 32 weeks
- Delivered prematurely due to worsening COVID, died a week later
- She was unvaccinated
- Husband died 2 weeks later



BENEFITS OF COVID-19 VACCINATION CONTINUE TO OUTWEIGH RISKS



Guillain-Barré Syndrome (GBS), Thrombosis with thrombocytopenia syndrome (TTS), and Myocarditis have been reported as very rare adverse events following the COVID-19 vaccine. The benefits of COVID-19 vaccination continue to outweigh the risks, and the CDC is actively monitoring these events.

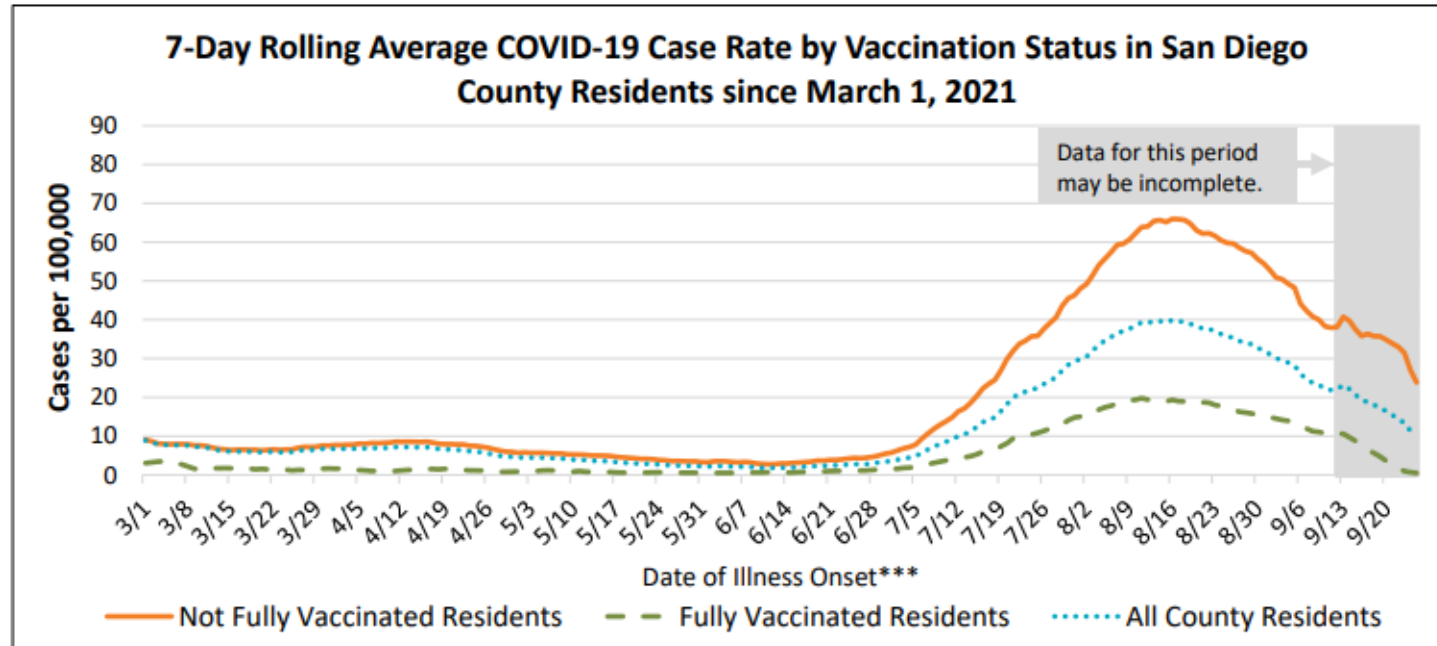
For every million doses of vaccine given with U.S. exposure risk and hospitalization rates from June 19, 2021		
Group Most Affected by GBS	Prevented COVID-19 Hospitalizations, ICU Admissions, & Deaths	GBS Cases
Males 50 – 64 years old	2,420	14 – 17 cases
Group Most Affected by TTS	Prevented COVID-19 Hospitalizations, ICU Admissions, & Deaths	TTS Cases
Females 30 – 49 years old	1,060	8 – 10 cases
Group Most Affected by Myocarditis	Prevented COVID-19 Hospitalizations, ICU Admissions, & Deaths	Myocarditis Cases
Males 18 – 29 years old	363	22– 27 cases

COVID-19 Case Rate by Vaccination Status



Case rate for not fully vaccinated residents is **4 times higher** than fully vaccinated residents

Average Daily Cases per 100,000 (7-day average with 14-day lag: 9/5/2021– 9/11/2021)		
Not Fully Vaccinated*	Fully Vaccinated**	County Overall
37.9	10.3	21.9



*Not fully vaccinated includes individuals with one dose of the two-dose series, no doses, or unknown vaccination status. Individuals less than 12 years of age who are not yet eligible for the vaccine are also included.

**Cases who first tested positive (based on specimen collection date) greater than or equal to 14 days after receiving the final dose of COVID-19 vaccine.

***If case did not have symptoms or illness onset date is unavailable, the earliest of specimen collection date, date of death, or date reported is used instead.

For more information see the [COVID-19 Watch](#) and the [Summary of Cases by Vaccination Status](#).

Prepared by the County of San Diego. Data through 9/25/2021, updated 9/29/2021.

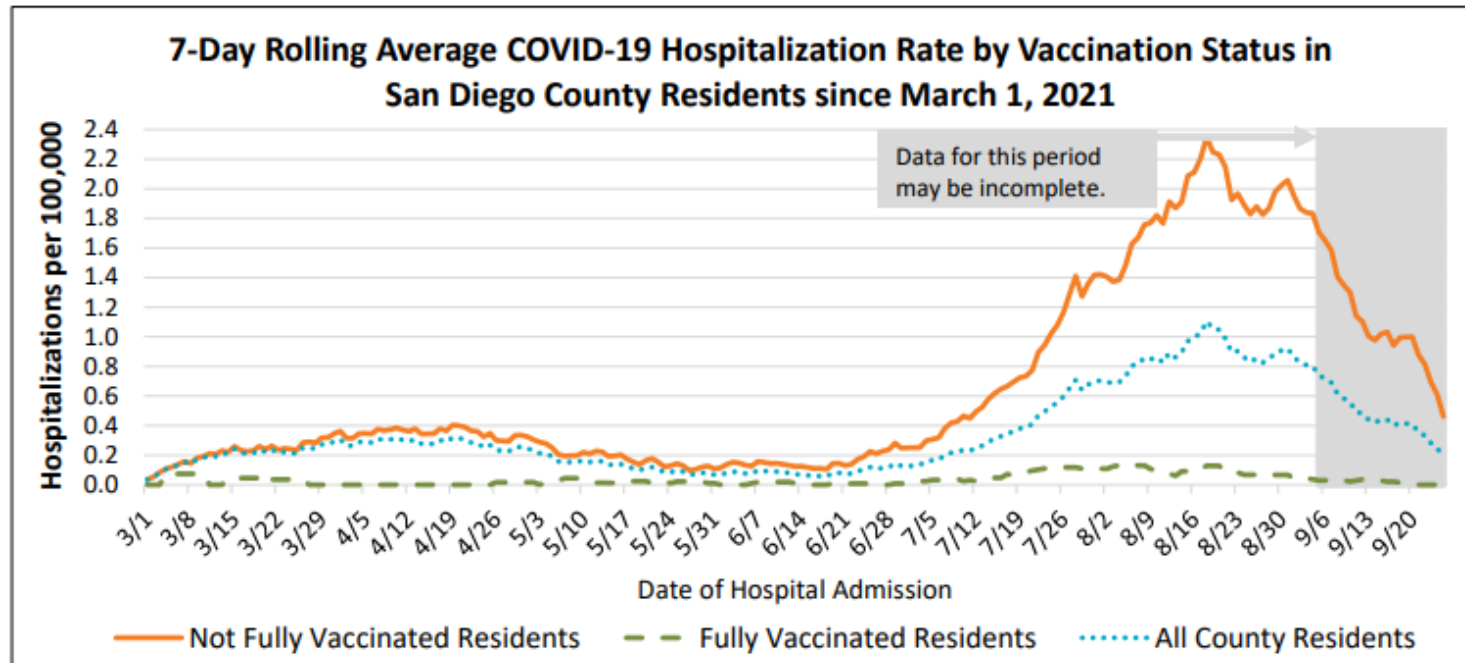
COVID-19 Hospitalization Rate by Vaccination Status



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Hospitalization rate for not fully vaccinated residents is **46 times higher** than fully vaccinated

Average Daily Hospitalizations per 100,000 (7-day average with 21-day lag: 8/29/2021 – 9/4/2021)		
Not Fully Vaccinated*	Fully Vaccinated**	County Overall
1.83	0.04	0.80



*Not fully vaccinated includes individuals with one dose of the two-dose series, no doses, or unknown vaccination status. Individuals less than 12 years of age who are not yet eligible for the vaccine are also included.

**Cases who first tested positive (based on specimen collection date) greater than or equal to 14 days after receiving the final dose of COVID-19 vaccine.

For more information see the [COVID-19 Watch](#) and the [Summary of Cases by Vaccination Status](#).

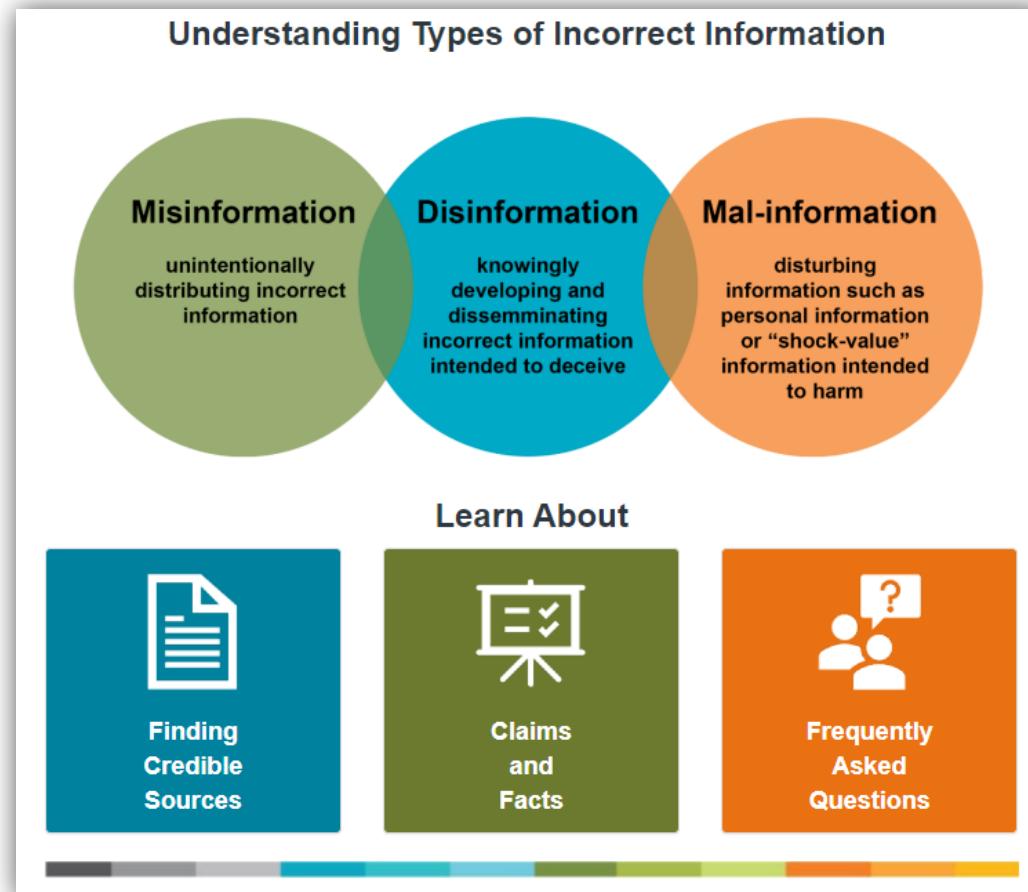
Prepared by the County of San Diego. Data through 9/25/2021, updated 9/29/2021.

EVALUATING COVID-19 INFORMATION



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The County's new [Evaluating COVID-19 Information](#)
resource link is **LIVE!**



EARLY THERAPY FOR COVID-19 AVAILABLE AT NO COST



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MONOCLONAL ANTIBODY THERAPY IS AVAILABLE!

- Monoclonal antibodies are proteins that fight infection.
- One injection can help people from getting sicker and/or hospitalized from COVID-19.
- Ideally, the potentially lifesaving treatment is received **as soon as possible** after COVID-19 symptoms begin, **EVEN IF** you are already vaccinated.
- Monoclonal antibody treatment is available at no cost to all [medically eligible](#) individuals, regardless of health insurance or immigration status.

WHO CAN BENEFIT FROM MONOCLONAL ANTIBODIES?

- People who have a positive test for COVID-19 and have mild to moderate symptoms, **AND**
- Have had COVID-19 symptoms for less than 10 days, **AND**
- Are at least 12 years old, **AND**
- Are at [high-risk](#) of getting very sick from COVID-19
 - Examples include: 65 years of age or older, obese, pregnant, diabetes, heart disease, and high blood pressure





Ways to access monoclonal antibodies at a MARC

- If you think you qualify, call **(619) 685-2500** with questions or to make an appointment
- You can talk to your doctor or health provider to see if you would benefit
- Your doctor can call **(619) 685-2500** with questions
- For additional information visit: www.sandiegocounty.gov/COVIDHealthProfessionals
- Email us at: CovidTreatment@sdcounty.ca.gov

LOCATIONS

Now Open!

**MARC at
Vista Community Clinic**

Vista

**MARC at
Escondido**

Escondido

**MARC at
Clairemont
Friendship Center**

Clairemont

**Family Health Centers
of San Diego**

Hillcrest & Chula Vista

FACE COVERING GUIDANCE



GUIDANCE (Applies to the General Public & Employees)		RESOURCES
	<p>EVERYONE must wear a mask in the following settings:</p> <ul style="list-style-type: none"> Public transit and transportation hubs Indoors in K-12 schools, childcare, and other youth settings Healthcare settings Long term care settings, Adult and senior care facilities Correctional facilities and detention centers Homeless shelters, Emergency shelters, & Cooling Centers 	<ul style="list-style-type: none"> CDPH Guidance for the Use of Face Coverings Cal/OSHA COVID-19 Prevention Emergency Temporary Standards Face Coverings Q&A
	<p>Fully vaccinated people are recommended to wear a mask in other indoor public settings</p>	
	<p>Indoors: People who are NOT fully vaccinated must wear masks indoors</p>	
	<p>Outdoors: Face coverings are not required outdoors, regardless of vaccination status</p>	

FAITH-BASED LEVELS OF RISK



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Low Risk

High Risk



Fully vaccinated



Being outdoors,
no crowds



No singing



Wearing face
coverings



No face
coverings



Crowded indoor
settings + singing



Poor ventilation



Not fully
vaccinated



- **Singing is allowed both indoors and outdoors**
- **Face Covering Requirements:**
 - According to the [CDPH Guidance for the Use of Face Coverings](#), fully-vaccinated individuals are recommended to wear a face covering indoors, and that includes when singing or chanting.
 - Individuals who are not fully vaccinated are required to wear a mask indoors, including when singing or chanting.
 - Face coverings are not required when singing outdoors.

PFIZER SUBMITS DATA FOR 5-11 YEAR OLDS



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NEXT STEPS:

1. FDA will spend “weeks” analyzing the data
2. Pfizer and BioNTech will submit a formal application for an emergency use authorization
3. FDA Advisory Committee - 10/26
4. FDA Decision
5. CDC Advisory Committee
6. CDC Decision
7. Western States Scientific Review Decision



SECTOR ASSESSMENT



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COVID-19 SECTOR ASSESSMENTS



Goals:

- 1) Identify how partners and stakeholders are currently benefiting from sector work
- 2) Identify challenges that FBOs are experiencing during the current stage of the COVID-19 pandemic
- 3) Identify what tools or resources would benefit FBOs in the coming months

[Faith-Based Organizations Sector Assessment](#)



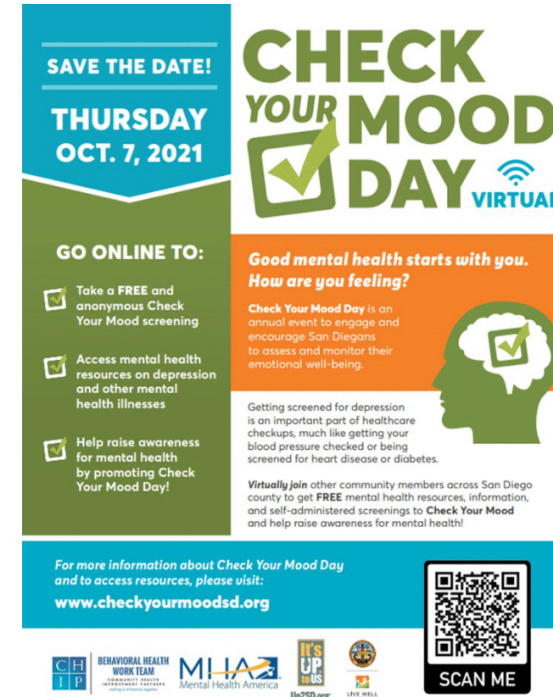
CHECK YOUR MOOD DAY



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What is Check Your Mood (CYM) Day?

- Held annually on the 2nd Thursday in October on National Depression Screening Day
- In accordance with COVID-19 pandemic safety precautions, this event has been adapted to be in a virtual format
- **Purpose:**
 - Raise Awareness of Mental Health and related resources
 - Reduce Stigma
 - Highlight the importance of mental health check-ups in supporting overall health and well being



SAVE THE DATE!
THURSDAY
OCT. 7, 2021

CHECK YOUR MOOD DAY VIRTUAL

GO ONLINE TO:

- Take a **FREE** and anonymous Check Your Mood screening
- Access mental health resources on depression and other mental health illnesses
- Help raise awareness for mental health by promoting Check Your Mood Day!

Good mental health starts with you. How are you feeling?

Check Your Mood Day is an annual event to engage and encourage San Diegans to assess and monitor their emotional well-being.

Getting screened for depression is an important part of healthcare checkups, much like getting your blood pressure checked or being screened for heart disease or diabetes.

Virtually join other community members across San Diego county to get **FREE** mental health resources, information, and self-administered screenings to Check Your Mood and help raise awareness for mental health!

For more information about Check Your Mood Day and to access resources, please visit:
www.checkyourmoodsd.org

SCAN ME

Logos: CHIP, Behavioral Health Work Team, MHIA Mental Health America, It's Up to Us, Up2SD.org, Live Well San Diego



Materials

English PHQ-2 Screening Tool

Good mental health starts with you. How are you feeling?

CHECK YOUR MOOD

Self-Assessment



Everyone experiences stress, sadness and anxiety from time to time – it's a normal part of life. However, if you are feeling overwhelmed, depressed, or unable to do the things you once enjoyed, it may be time to speak with a professional and assess your emotional health. Answering the questions below is a quick and easy way to evaluate whether or not you are experiencing normal levels of stress.

Over the last two weeks, how often have you been bothered by any of the following problems?
(For each line, use "✓" to indicate your answer)

	Not at all (0)	Several Days (1)	More than half the days (2)	Nearly every day (3)
Little interest or pleasure in doing things	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Feeling down, depressed or hopeless	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Add your totals from each column together to obtain your total score!

____ + ____ + ____ + ____
= Total Score: _____

What Your Score Means

This self-assessment is **not** a diagnostic tool; however, it is a great way to help monitor your mood and overall emotional well-being. It is recommended that individuals over 18 years old with a total score of '4' or higher complete the full version of this screening tool to determine whether or not they are experiencing symptoms consistent with depression.

To access the full version of this screening tool, visit: www.CheckYourMoodSD.org

Developed by Drs. Robert L. Spitzer, Janet B. Williams, Kurt Kroenke and colleagues, with an educational grant from Pfizer Inc. © 1999. Patient Health Questionnaire (PHQ-9 & PHQ-2). (n.d.). Retrieved July 24, 2017, from <http://www.apa.org/pi/about/publications/caregivers/practice-settings/assessment/tools/patient-health.aspx>.

Recognize the Difference

Everyone experiences stress, sadness and anxiety from time to time – it's a normal part of life. However, if you are feeling overwhelmed, depressed, or unable to do the things you once enjoyed, it may be time to speak with a professional and assess your emotional health.

What are the common signs of depression?

- Persistent sad, anxious, or "empty" mood
- Difficulty falling asleep or staying asleep, or sleeping more than usual
- Reduced or increased appetite
- Unintended weight gain or loss
- Loss of pleasure and interest in once-enjoyable activities
- Restlessness
- Irritability
- Difficulty concentrating at work or school, or difficulty remembering things or making decisions
- Fatigue or loss of energy
- Feeling guilty, hopeless or worthless
- Thoughts of suicide or death

Get Connected & Learn More

Numerous organizations and resources in San Diego County assist individuals who are experiencing mental health difficulties or searching for more information about mental health. Additionally, several educational opportunities are available countywide for those interested in learning more about mental health related issues. Visit www.CheckYourMoodSD.org for more information!

Access & Crisis Line – 1-888-724-7240

- Confidential hotline for behavioral health crisis intervention, information and services in San Diego County available 24 hours a day, 7 days a week. If you are not sure how to address a specific behavioral health situation, call and get connected toll-free to a trained professional who can help.

It's Up to Us - www.Up2SD.org

- A variety of educational materials—including tip sheets, resource guides, and videos—are available online. Increase your mental health knowledge and learn how you can support others, recognize symptoms, and raise awareness for mental illness in your community.

Mental Health America of San Diego County - www.mhasd.org

- Access free resources to raise awareness for mental health and engage in programs and trainings so you have the tools to respond to a psychiatric emergency until professional help arrives.

National Alliance on Mental Illness (NAMI) San Diego - www.namisaniego.org

- Since 1978, NAMI San Diego has provided opportunities, programs and services for families and individuals affected by serious mental illness. A Family & Peer Support Helpline, support groups, educational meetings, newsletters, and classes on mental illness are all available to the general public.

San Diego Network of Care - www.sandiego.networkofcare.org/mh/






- Comprehensive database of Behavioral Health Services in San Diego County maintained and provided by 2-1-1 San Diego. Find local services by topic or keyword, and access interactive tools, information, and resources to support your overall health.



www.CheckYourMoodSD.org



Please visit the Check Your Mood webpage to:

-  Take the online Check Your Mood Self Assessment
-  Download and share the CYM promotional flyer and E-Toolkit with your networks
-  Participate in the social media campaign by downloading the toolkit to raise awareness about mental health
-  View the Twitter and Instagram feed for #StigmaFreeSD and #CheckYourMood
-  Visit the Community Resources page to learn more about behavioral health resources and services in San Diego County and beyond
 - For questions and information about Check Your Mood, please contact us at: checkyourmood@sdcounty.ca.gov

LIGHTNING ROUND Q&A



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CLOSING





STAY CONNECTED!

- For additional questions and resources, please email: Covid-CBO-Faith@sdcounty.ca.gov
- [Faith-Based Organizations Website](#)
- [Sign up for email updates](#)
- [View the full list of COVID-19 Faith-Based FAQs](#)

